

PREVENTION AND EDUCATION

Empowering youth to adopt safe behaviours

Every year on average, there are over 6,000 cases of missing children reported to law enforcement in Quebec. Runaways account for nearly 90% of all these cases and involve youth between the ages of 12-17. **One in every three runaways** will fall victim to sexual exploitation.

The Missing Children's Network, in collaboration with law enforcement, child welfare agencies and youth-serving organizations, designed SHINE, an interactive Prevention Program whose goal is to educate and empower students to make safe choices.

Studies have shown that children who have poor self-esteem, are influenced by gender stereotypes, and use social media in an inappropriate way are more vulnerable to becoming victims of aggression and exploitation.

SHINE is 60 to 75 minutes in duration. It is tailored for students enrolled in Grades 5 and 6, and Secondary 1. SHINE is designed to help students build a positive self-image, recognize the components of healthy and egalitarian relationships and learn to set boundaries.



GRADES

Grades 5 and 6, and Secondary 1

OBJECTIVE

To provide students with the tools and resources that will help them build a positive self-image, develop effective communication skills and learn the importance of respecting themselves and others.

CONTENT

- Trusting one's instincts and the right to say NO!
- Developing healthy and egalitarian relationships
- Identifying and setting one's emotional, physical and virtual boundaries
- Recognizing gender stereotypes that influence one's perception
- Identifying safe adults to approach in difficult times
- Disclose abuse or any inappropriate behaviour



Please complete and return the registration form to our offices via fax: 514-843-8211 or email: c.patenaude@reseauenfantsretour.org We will contact you to confirm your choice of dates.

Name of establishment: _____

Address: _____
 N° _____ Street _____
 Apt/Suite _____
 City Postal code _____

Contact person: _____

Email: _____ Phone: _____

Preferred language: English French

Has your school been confronted with any specific issues pertaining to the topic?

Schedule

Heure		Day 1 Date: _____	Day 2 Date: _____	Day 3 Date: _____	Day 4 Date: _____
__ : __ to __ : __	Grade level				
	Room number				
	No. of students				
__ : __ to __ : __	Grade level				
	Room number				
	No. of students				
__ : __ to __ : __	Grade level				
	Room number				
	No. of students				
__ : __ to __ : __	Grade level				
	Room number				
	No. of students				